

JANUARY 2026

MON TUE WED THU FRI

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5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

Fort Bend County Parks & Recreations



Pinnacle Senior Center

5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765)

General Business Days & Hours: Monday-Fridays (7:30-4:30 PM)

(Weight Room Hours- (7:30-4:15 PM) & (Aquatics hours (7:30-4:00 PM))

January 2026 Activity Calendar

Please make sure you sign in at the front desk daily!

Participation in Pinnacle Programs requires a registration form and signed liability waiver.

For updates, ask about our monthly Email-Blast and Remind101 text reminders.

(AUD)-Auditorium

(YR)-Yoga Room Located in Aquatics Area.

(MPR) multi-Purpose Room

Wk-1	MON	TUE	WED	THU-1	Friday-2
800-900AM					
900-10AM					
1000-11AM		Techi Tuesday		Pinnacle Senior Center	
1100-12PM		Greater Works Bible Study		CLOSED	
12PM-1PM				Happy New Year	WWSS
1PM-2PM	Bid Whist	Bridge	Bid Whist		12-3PM
2PM-3PM	1-4pm	1-3PM	1-4pm		
3PM-4PM					
Wk-2	MON-5	TUE-6	WED-7	THU-8	FRI-9
800-900AM					
900-10AM					
1000-11AM	The Mix Book Club Library			Beginner's Genealogy - Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM				Mahjonn Open Play	
1PM-2PM	Bid Whist	Bridge	Bid Whist	12-3PM	
2PM-3PM	1-4pm	1-3PM	1-4pm		
3PM-4PM					
Wk-3	MON-12	TUE-13	WED-14	THU-15	FRI-16
800-900AM					
900-10AM					
1000-11AM		Medicare w/ Karina MPR		Smart Online Shopping - Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM				Mahjonn Open Play	Red Hat Society
1PM-2PM	Bid Whist	Bridge	Bid Whist	12-3PM	12-3PM
2PM-3PM	1-4pm	1-3PM	1-4pm		
3PM-4PM					
Wk-4	MON-19	TUE-20	WED-21	THU-22	FRI-23
800-900AM					
900-10AM				Quilting Bee 9-3PM	
1000-11AM	Pinnacle Senior Center			Free Streaming Services - Library	
1100-12PM	CLOSED	Greater Works Bible Study			
12PM-1PM	Martin Luther King Holiday				
1PM-2PM		Bridge	Bid Whist		
2PM-3PM		1-3PM	1-4pm		
3PM-4PM					
Wk-5	MON-26	TUE-27	WED-28	THU-29	FRI-30
800-900AM					
900-10AM				Quilting Bee 9-3PM	
1000-11AM			Birthday Celebration 10:45-11am MPR	The Law Library - Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM					WWSS
1PM-2PM	Bid Whist	Bridge	Bid Whist		12-3PM
2PM-3PM	1-4pm	1-3PM	1-4pm		
3PM-4PM					

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January 2026 Calendar Schedule

Please make sure you sign in at the front desk daily!

Participation in Pinnacle Programs requires a registration form and signed liability waiver.

For updates, ask about our monthly Email-Blast and Remind101 text reminders.

(AUD)-Auditorium/Exercise Gym

(YR)-Yoga Room Located in Aquatics Area.

(MPR) Multi-Purpose Room

MON	TUE	WED	THU-1	Friday-2
S.A.I.L. Class w/Mrs. Misty Starts on Thursday January 1st, 2026 Every Tuesday & Thursday	Important Reminder Zumba w/ Mrs. Valerie will be cancelled from January 11th to February 6th	Game Day w/Coach will be during be Tuesday & Fridays starting January 20th, 23rd, will return to regular Tuesday & Fridays in February	Closed for New Years Day	8-845 -Walk-Video
				9-945-Fitness/SE
				10-1045 Zumba/Valerie AD
				11-1145-Move-Fit/Coach
				12-1245-Men-Fit/Coach
MON-5	TUE-6	WED-7	THU-8	FRI-9
8-845-Walk-Video- 8-845-Step/SE MP 9-945-Fitness/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 8-845-Step/SE MP 9-945-Fit& Strg/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 9-945-Fitness/SE
950-1050-Line-Dance/Sheila 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Zumba/Valerie 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	950-1050 Line Dance/Faye 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Pilates/SE AD 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	10-1045 Zumba/Valerie AD 11-1145-Move-Fit/Coach 12-1245-Men-Fit/Coach
1-145-Step/SE Line Dance 3-4 Sheila	1230-115-Yoga/SE 230-330 Game-Day w/Coach	1-145-Step/SE 3-4 Line Dance Faye	1230-115-Yoga/SE	12-1245-Men-Fit/Coach 230-330 Game-Day w/Coach
MON-12	TUE-13	WED-14	THU-15	FRI-16
8-845-Walk-Video- 8-845-Step/SE MP 9-945-Fitness/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 8-845-Step/SE MP 9-945-Fit& Strg/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 9-945-Fitness/SE
950-1050-Line-Dance/Sheila 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Zumba w/Shanna 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	950-1050 Line Dance/Faye 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Pilates/SE AD 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	Kashmere Stage Band Special Movie Event led by Conrad O. Johnson 10 AM-2 PM
1-145-Step/SE Line Dance 3-4 Sheila	1230-115-Yoga/SE 230-330 Game-Day w/Coach	1-145-Step/SE 3-4 Line Dance Faye	1230-115-Yoga/SE 2-3 Informational w/Coach AD	
230-330 Game-Day w/Coach				
MON-19	TUE-20	WED-21	THU-22	FRI-23
Closed for MLK Jr Birthday	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 9-945-Fit& Strg/Coach	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 9-945-Fitness/SE/Video
	950-1050 Game-Day w/Coach	950-1050 Line Dance/Faye	10-1045-Pilates/Coach	950-1050 Game-Day w/Coach
	11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	11-1145-Move-Fit/Coach 12-1245-Men-Fit/Coach
		3-4 Line Dance Faye		
MON-26	TUE-27	WED-28	FRI-30	
8-845-Walk-Video- 8-845-Step/SE MP 9-945-Fitness/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 8-845-Step/SE MP 9-945-Fit& Strg/SE	8-845-Walk-Video 9-950-S.A.I.L. w/Misty-AD	8-845 -Walk-Video 9-945-Fitness/SE
950-1050-Line-Dance/Sheila 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Zumba w/Shanna 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	950-1050 Line Dance/Faye 11-1145- Move-Fit/Coach 12-1245 -Men-Fit/Coach	10-1045-Pilates/SE AD 11-1145-Chair-Fit/Coach 1150-1225 Boot-Camp	10-1045-Zumba w/Shanna 11-1145-Move-Fit/Coach 12-1245-Men-Fit/Coach
1-145-Step/SE Line Dance 3-4 Sheila	1230-115-Yoga/SE 230-330 Game-Day w/Coach	1-145-Step/SE 3-4 Line Dance Faye	1230-115-Yoga/SE 2-3 Informational w/Coach AD	12-1245-Men-Fit/Coach 230-330 Game-Day w/Coach

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THE PINNACLE SENIOR CENTER PARKS & RECREATION



5525-C Hobby Road • Houston, Texas 77053
Mon-Fri: 7:30am - 4:30pm • 832-471-2765

Aquatics Center Calendar

Aquatics Hours Mon-Fri 7:30-4:00 PM

Time	Monday	Tuesday	Wednesday	Thursday	Friday	
To participate in "Aquatic" activities you must register sign a waiver of liability You must also attend/view a pool orientation video on safety and guidelines		IMPORTANT You must shower before entering the pool. You must wear appropriate swimwear/water shoes. NO bandages or open sores/wounds		IMPORTANT No Free-Swimming during Lap Swimming Period	Swim lessons taught by Mr. Booker & Tyler 	
NO LIFEGUARD ON DUTY! SWIM AT YOUR OWN RISK!!!						
Wk-1			THU-1		FRI-2	
730-900 AM			CLOSED NEW YEAR'S DAY		LAP SWIM	
900-1100 AM					Free Swim	
1100-1200 PM					Aqua Zumba w/Sandi	
1200-200 PM					Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE)	
200-300 PM						
300-400 PM						
Wk-2	MON-5	TUE-6	WED-7	THU-8	FRI-9	
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim	
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi	
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE) 2PM	
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler		
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim		
Wk-3	MON-12	TUE-13	WED-14	THU-15	FRI-16	
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim	
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi	
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE)	
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler		
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3pm-345pm	Free Swim		
Wk-4	MON-19	TUE-20	WED-21	THU-22	FRI-23	
730-900 AM	CLOSED for MLK DAY	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)				
900-1100 AM		Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim
1100-1200 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi
1200-200 PM		Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE)	
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler		
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim		
Wk-5	MON-26	TUE-27	WED-28	THU-29	FRI-30	
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)					
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim	
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi	
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE)	
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler		
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim		
Volunteer Swim Instructor	Aqua Zumba Instructor		Aqua Fitness Coordinator and Instructor			
Booker Canty	Sandra Patterson		Tyler Shannon			

NOVEMBER 2025

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Activity Flyers (See Dates)

**THE PINNACLE
 SENIOR CENTER
 CLOSED**



**Thursday
 JANUARY 1, 2026**

TECHI TUESDAY



**JOIN US
 January 6, 2026
 at 10 am**

Every 1st Tuesday of the Month
 In the Multi-purpose room

NOVEMBER 2025

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Activity Flyers (See Dates)



**Stay Active
& Independent
for Life (SAIL)**

Program for 60 years and older



It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active and prevent falls.

It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors.

It's Fun!

You'll meet other seniors and make new friends!

50 minute classes will be held
2 times each week.

Pinnacle Senior Center
5525 Hobby Road, Houston, 77053

Tuesdays & Thursdays
9:00 a.m. – 9:50 a.m.

Starting January 06 through March 12



Ron Johnson Celebrates a Movie Event Honoring His Late Father, Conrad Johnson

Thunder Soul, the acclaimed documentary about the Kashmere Stage Band, has received overwhelmingly positive and emotionally charged responses.

When: Friday, January 16, 2026

Location: Pinnacle Senior Center 5525 Suite C Hobby Road, Houston Texas 77053 (Auditorium)

Time: 10:00 AM – 2:00 PM

Cost: Free

Viewers are deeply inspired by the story of "Prof." Conrad Johnson, an extraordinary educator who transformed students' lives through music. The film is widely praised for its uplifting message, powerful musical performances, and its ability to evoke genuine emotion—often bringing audiences to tears. Fans regard *Thunder Soul* as a powerful testament to the importance of arts education and the lasting impact of a dedicated mentor.



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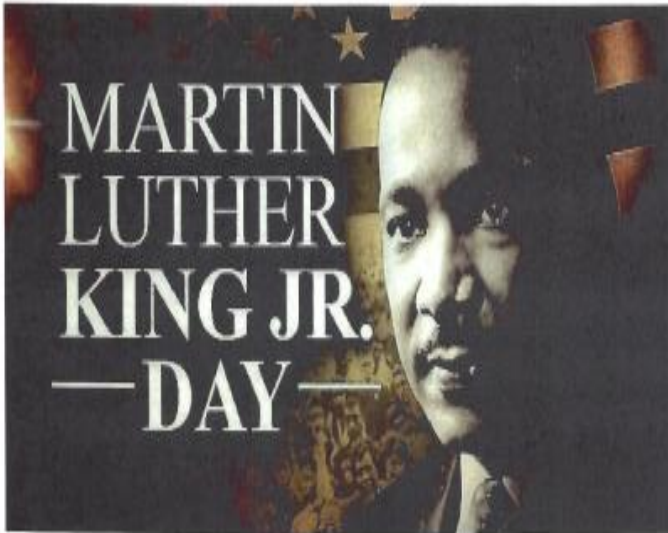


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Activity Flyers (See Dates)

THE PINNACLE SENIOR CENTER



CLOSED

Monday, January 19, 2026

IN OBSERVANCE OF

Martin Luther King Jr. Day



Presents
Monthly MEDICARE WORKSHOP

Every 3rd Tuesday @ 10 a.m.

January 20, 2026

w/Karina Villela

Benefits Counselor II

HEALTH INSURANCE

The Houston-Galveston Area Agency on Aging is funded by the Centers for Medicare and Medicaid Services and Administration for Community Living to provide unbiased assistance with Medicare.

CMS.gov
 Centers for Medicare & Medicaid Services

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Activity Flyers (See Dates)

Constable Daryl L. Smith Fort Bend County Pct. 2



If your birthday is in January, please sign up for a special certificate from Constable Daryl L. Smith, Sr.

Certificates will be presented by
 Captain Christopher Garrett
 at the January birthday celebration
 Wednesday, January 28, 2026

HAPPY JANUARY BIRTHDAY'S





MAHJONGG OPEN PLAY



- Pinnacle Senior Center
5525 Hobby Road, Building C
Houston, TX 77053
- Every Second and Third Thursday
12:00 pm - 3:00 pm

All 55+ Players Are Welcome!
FREE

NOVEMBER 2025

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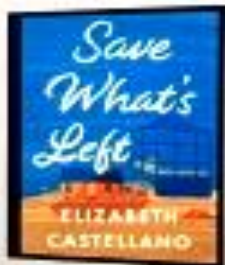
Activity Flyers (See Dates)



HOURS

Mon	9 am - 1 pm
Tue	9 am - 1 pm
Wed	9 am - 1 pm
Thu	9 am - 1 pm
Fri	9 am - 1 pm
Sat	CLOSED
Sun	CLOSED

THE MIX BOOK CLUB



January 5, 2026
10 am

LIBRARY CLOSURES

- January 1: Closed
- January 18-19: Closed for MLK day

January 5 (10:00 - 11:00 am)
The Mix Book Club: Save What's Left by Elizabeth Castellano

January 8 (10:00 - 11:00 am)
Beginner's Genealogy: Learn the basics of genealogy at Fort Bend County Libraries.

January 15 (10:00 - 11:00 am)
Smart Online Shopping: This class will cover how to safely and smartly conduct online shopping for the holidays and beyond!

January 22 (10:00 - 11:00 am)
Free Streaming Services: We will be covering services you can access with your library card as well as other free services.

January 29 (10:00 - 11:00 am)
The Law Library, the County, and the Community: Join us for this informative and educational session.

5525 Hobby Rd
Houston, TX 77053

281.238.2100
www.fortbendlibraries.gov

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Monthly Activity Flyers

Card Players



Monday & Wednesday's

You are free to play your cards as you wish, but not to choose them.

**1 pm – 4 pm
in the
Multi-Purpose Room**



PLAY BRIDGE

FOR MENTAL & SOCIAL BENEFITS

**TUESDAY'S
@ "MPR"
1 p.m.—3 p.m.**

Wild n Woolly Sewl Sisters



**Every 1st & last
Friday
of the month
Noon – 3 pm**



Meet Every 3rd Friday of the Month
 Meetings will be from
 Noon – 3 pm

**GREATER WORKS BIBLE STUDY & PRAYER MINISTRY
 TUESDAYS FROM 11AM-12PM
 ALL IS WELCOME TO JOIN!**

(YOU MUST BE A REGISTERED PATRON AT LEAST 50 YEARS OF AGE)

LOCATION:

Fort Bend County Parks & Recreations



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