PLEASE DO NOT RESPOND TO THIS EMAIL-FOR INFORMATIONAL PURPOSES ONLY

The Senior Recreational Center is open Monday – Friday from 7:30am until 4:30pm

The Aquatic Center is open Monday – Friday from 7:30am until 4:00pm

Please follow us on Facebook "The Pinnacle Senior Center of Fort Bend County."

Greetings, Pinnacle Patrons! Please see the calendar attachments and important Information for November 2025.

Marketplace Monday's will be held November 3rd, November 10th, and November 17th 8:00AM-1:00PM. Please sign-up with Angie, our receptionist and please bring a tent if you have one.

Constitutional Amendment Special Election Day Tuesday, November 4, 2025. Polls will open and voting begins at the Pinnacle Senior Center 7:00AM-7:00PM in the multi-Purpose Room.

The Pinnacle Senior Center will be closed Tuesday, November 11, 2025, in observance of Veterans Day.

Mahjong: a Chinese game played, usually by four people with 136 or 144 rectangular pieces called tiles. The object is to collect winning sets of these tiles. All 55+ players are welcome. Thursdays, November 13th, and November 20th 12:00PM-3:00PM. Come join the fun!

Seniors Art & Meditation; Sponsored by wellcare and presented by ARTreach will host painting, crafting and meditation Tuesday, November 18, 2025, 8:00AM-10:00AM in the multi-Purpose Room. 10:00AM in the Multipurpose Room. **Please RSVP with Angie.**

Karina w/ Area Agency on Aging will continue with the topic of **Understanding Your Choices** on November 18, 2025, 10:00AM-11:00AM in the Multipurpose Room. If you need one-on-one assistance with Medicare. **Please sign-up Angie to receive one-on-one Assistance with Medicare.**

Pinnacle Senior Center will be closed Thursday November 27th and Friday November 28th in observance of Thanksgiving.

It sounds like a fun and lively **Birthday Celebration with Constable Daryl L. Smith**, **November 26, 2025, 10:45AM-11:00AM** Come join Constable Smith and his staff for a combination of music, dancing, and delicious treats like ice cream and cupcakes **from 10:45AM-11:00AM** in the multi-Purpose Room. Plus, having **Oak Street Health** sponsor the cupcakes is a nice touch. We are also encouraging those who've signed up for a birthday certificate to attend and enjoy the treats. **As a reminder for anyone who missed their October birthday certificate to please see Angie.**

Oak Street Health will pass out bottles of water and a snack in the main building on the following dates in the main building: **November 7th 11:00AM-12:00AM**, and **November 11th 10AM-11AM.**

Fort Bend County Libraries ***All programs and events are from 10-11:00AM***

November 3rd The Mix Book Club: One Night in Georgia, by Celeste O. Norfleet, **November 6th** Yarn Weaving on a Loom, **November 13th** Card Game Day**, November 18th** DYI Body Scrub, Sip, **November 20th** Food, Winery, and brewery Vacations in Texas. **See flyer for additional details.**

AQUATIC CENTER

To participate in "Aquatic" activities, you must register and sign a waiver of liability form and attend/view pool orientation and safety video on safety and guidelines

***** Swim Lessons with Tyler – What You Need to Know*****

Skill Levels:

- **Level 1 (Beginner):**
  No swimming skills needed.
  Max 6 participants
- **Level 2 (Intermediate):**
  Must be able to submerge head underwater and float on front and back.
  Max 8 participants
- **Level 3 (Advanced):**
  For those working on stroke techniques and endurance
  Max 8 participants

Important Reminders:

- **Arrive 5 minutes early** to prepare for class.
- **Bring:** Towel, goggles, and swim cap (if applicable)

To Sign up:
See the Aquatic Fitness Coordinator, Tyler Shannon

Oak Street Health will pass out snacks at the Aquatic Center **November 19th 10:00AM-11:00AM**

********PARKING LOT SAFETY********

For Drivers:

- **Drive slowly:** Parking lots are high traffic areas with pedestrians and other vehicles. Maintain a speed of 5 mph and follow the clearly marked pathways that assist in navigating the parking lot safely.
- **Be aware of your surroundings:** Watch for pedestrians, and other vehicles, especially when backing out.
- **Use turns signals:** Clearly indicate your intentions.
- **Avoid distractions:** Put away your phone and avoid other distractions that impede your attention.
- **Be cautious of blind spots:** Be especially aware of blind spots, particularly when backing out or near larger vehicles.

For Pedestrians:

- **Stay alert:** Pay attention to your surroundings and avoid distractions like phones or headphones.
- **Use designated walkways:** Walk in designated walkways.
- **Be aware of vehicles:** Don't assume drivers can see you and be cautious when walking between parked cars.
- **Look before crossing:** Always look both ways before crossing any area of the parking lot.
- **Be cautious of backing vehicles:** Watch for vehicles backing out and avoid walking behind them.
- **Report suspicious activity:** Please notify staff immediately.

Changing lives, one class at a time…
Always working within our power, potential, passion, and purpose! The Pinnacle Power Team (Gwendolyn, Angie, Keith, Tyler, Shanna & Dennis)

Gwendolyn Tealer
Facilities & Programs Manager
Pinnacle Senior & Aquatic Fitness Centers
Fort Bend County Parks Department
832-471-2762 (Office)
832-344-7810 (Cellular)
Email: Gwendolyn.Tealer2@fortbendcountytx.gov

THE STATE OF TEXAS
FORT BEND COUNTY