

SEPTEMBER 2025				
MON	TUE	WED	THU	FRI
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			





Fort Bend County Parks & Recreations

**Pinnacle Senior Center**

5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765)

General Business Days & Hours: Monday-Fridays (7:30-4:30 PM)

(Weight Room Hours- (7:30-4:15 PM) & (Aquatics hours (7:30-4:00 PM)

September 2025 Calendar Schedule		
Please make sure you sign in at the front desk daily!	Participation in Pinnacle Programs requires a registration form and signed liability waiver.	For updates, ask about our monthly Email-Blast and Remind101 text reminders.

Fitness Instructors	
<b>Line Dance: Ms. Sheila Brown &amp; Lola Faye Walker</b> <b>Step Training, Strength, Pilates &amp; Yoga: Ms. Shanna Etemadi</b>	<b>Zumba Ms. Valerie McHHargh</b> <b>Chair Fitness /Move Fitness/Boot Camp: Coach Dennis “Mac” McCalpin</b>

(AD)-Auditorium/Exercise Gym	(YR)-Yoga Room Located in Aquatics Area.	(MPR) Multi-Purpose Room		
(WK-1) MON-1	TUE-2	WED-3	THU-4	Friday-5
Fort Bend County Labor Day Closed	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM
		8-9AM- Step/Shanna YR		
	9-10AM-Strength/Shanna AD	Sail Begins Next Week	9-10AM-Strength/Shanna AD	9-10AM Fitness/Shanna AD
	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD	10-1045 Informational w/Coach AD	10-11AM Pilates/Shanna YR
	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	10-11AM Zumba/Valerie AD
	12-1225 Boot-Camp-AD	12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp AD	11-12PM Move-Fit/Coach AD
	1245 PM Yoga/Shanna AD	1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	12-1PM Men-Fit/Coach AD
(Wk-2) MON-8	TUE-9	WED-10	THU-11	FRI-12
8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM
8-9AM- Step/w Shanna YR		8-9AM- Step/Shanna YR		
850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	9-10AM Fitness/Shanna AD
950-1050AM -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD		10-11AM Pilates/Shanna YR
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	10-11AM Zumba/Valerie AD
12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp-AD	12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp AD	11-12PM Move-Fit/Coach AD
1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	12-1PM Men-Fit/Coach AD
3-4PM -Line-Dance/Sheila AD				
(WK-3) MON-15	TUE-16	WED-17	THU-18	FRI-19
8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM
8-9AM- Step/w Shanna YR		8-9AM- Step/Shanna YR		
850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	9-10AM Fitness/Shanna AD
950-1050AM -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD	10-1045 Informational w/Coach AD	10-11AM Pilates/Shanna YR
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	10-11AM Zumba/Valerie AD
12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp-AD	12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp AD	11-12PM Move-Fit/Coach AD
1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	12-1PM Men-Fit/Coach AD
3-4PM -Line-Dance/Sheila AD				
(Wk-4) MON-22	TUE-23	WED-24	THU-25	FRI-26
8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE	Fort Bend County Fair Day Closed
8-9AM- Step/w Shanna YR		8-9AM- Step/Shanna YR		
850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	850-950AM -SAIL AD	9-10AM-Strength/Shanna AD	
950-1050AM -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD		
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	
12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp-AD	12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp AD	
1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD	
3-4PM -Line-Dance/Sheila AD				
(Wk-5) MON-29	TUE-30			
8-845AM -Walk-Video -CM	8-845AM -Walk-Video -SE			
8-9AM- Step/w Shanna YR				
850-950AM -SAIL AD	9-10AM-Strength/Shanna AD			
950-1050AM -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD			
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach			
12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp-AD			
1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna AD			
3-4PM -Line-Dance/Sheila AD				

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15	16	17	18	19
22	23	24	25	26
29	30			

## THE PINNACLE SENIOR CENTER PARKS & RECREATION



5525-C Hobby Road • Houston, Texas 77053  
Mon-Fri: 7:30am - 4:30pm • 832-471-2765

### Aquatics Calendar Schedule

Aquatics Hours Mon-Fri 7:30-4:00 PM

Time	Monday	Tuesday	Wednesday	Thursday	Friday
To participate in “Aquatic” activities you must register sign a waiver of liability  You must also attend/view a pool orientation video on safety and guidelines		<b>IMPORTANT</b> You must shower before entering the pool. You must wear appropriate swimwear/water shoes. NO bandages or open sores/wounds		<b>IMPORTANT</b> No Free-Swimming during Lap Swimming Period	Swim lessons taught by Mr. Booker & Tyler <div></div>
NO LIFEGUARD ON DUTY! SWIM AT YOUR OWN RISK!!!					
Wk-1	MON-1	TUE-2	WED-3	THU-4	FRI-5
730-900 AM	<b>HAPPY LABOR DAY</b>	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)			
900-1100 AM		Swim Lessons w/ Mr. Booker (in designated area) Free Swim			Free Swim
1100-1200 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Video
1200-200 PM		Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE)
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim	
Wk-2	MON-8	TUE-9	WED-10	THU-11	FRI-12
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)				
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim
1100-1200 PM	Aqua Zumba w/Video	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			Free Swim & Swim Lessons w/ Tyler (INTERMEDIATE) 2pm-3pm
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim	
Wk-3	MON-15	TUE-16	WED-17	THU-18	FRI-19
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)				
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				Free Swim
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/video	Aqua Zumba w/Sandi
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			Free Swim (No Swim Lessons)
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Video	
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3pm-345pm	Free Swim	
Wk-4	MON-22	TUE-23	WED-24	THU-25	FRI-26
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)				
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				<b>FORT BEND COUNTY FAIR DAY</b>
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm	Free Swim			
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	Aqua Aerobics w/Tyler	
300-400 PM		Free Swim	Swim Lessons w/ Tyler (ADVANCED)3-345pm	Free Swim	
Wk-5	MON-29			TUE-30	
730-900 AM	LAP SWIM (MUST ATTEND LAP SWIM ORIENTATION)				
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim				
1100-1200 PM	Aqua Zumba w/Sandi			Aqua Aerobics w/Tyler	
1200-200 PM	Free Swim & Swim Lessons w/ Tyler (BEGINNER) 2pm-3pm			Free Swim	
200-300 PM				Aqua Aerobics w/Tyler	
300-400 PM				Free Swim	
Volunteer Swim Instructor		Aqua Zumba Instructor		Aqua Fitness Coordinator and Instructor	
Booker Canty		Sandra Patterson		Tyler Shannon	

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1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
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Fort Bend County Parks & Recreations



## Pinnacle Senior Center

5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765)

General Business Days & Hours: Monday-Fridays (7:30-4:30 PM)

(Weight Room Hours- (7:30-4:15 PM) & (Aquatics hours (7:30-4:00 PM)

## September 2025 Activity Calendar

Please make sure you sign in at the front desk daily!

**To Participate in The Pinnacle Programs & Activities everyone must complete a Registration Form and Sign a Release of Liability Waiver.**  
**For. Communication Updates please ask about the monthly {Email-Blast and Remind101} Text Messaging Reminder Registry**

**(AUD)-Auditorium (YR)-Yoga Room Located in Aquatics Center (MPR) Multi-Purpose Room**

Wk-1	MON-1	TUE-2	WED-3	THU-4	Friday-5
800-900AM					
900-10AM	Labor Day			Quilting Bee 9-3PM MPR	
1000-11AM	Closed	Techi Tuesday MPR		Beaded Safety-Pin Flags Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM					WWSS 12-3PM MPR
1PM-2PM		Bridge 1-3PM MPR			MPR
2PM-3PM		MPR Not Available			Not Available
Wk-2	MON-8	TUE-9	WED-10	THU-11	FRI-12
800-900AM	SAIL 8:50-9:50AM AUD		SAIL 8:50-9:50AM AUD		
900-10AM				Quilting Bee 9-3PM MPR	
1000-11AM	The Mix Book Club - Library		AMP 10:30-12PM MPR	Book-Page Origami - Library	
1100-12PM		Greater Works Bible Study	MPR Not Available		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR		Card Players 1-4PM MPR		
2PM-3PM	MPR	Bridge 1-3PM MPR	MPR		
3PM-4PM	Not Available	MPR Not Available	Not Available		
Wk-3	MON-15	TUE-16	WED-17	THU-18	FRI-19
800-900AM	SAIL 8:50-9:50AM AUD		SAIL 8:50-9:50AM AUD		
900-10AM		Herbal Teas 10-11AM - Library		Quilting Bee 9-3PM MPR	Pinnacle Flu Event 9:30-12PM MPR
1000-11AM		Medicare w/Karina MPR	AMP 10:30-12PM MPR	Lavendar & Calendula Bath Soak - Library	MPR Not Available
1100-12PM		Greater Works Bible Study	MPR Not Available		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR	Bridge 1-3PM MPR	Card Players 1-4PM MPR		
2PM-3PM	MPR	MPR Not Available	MPR		
3PM-4PM	Not Available		Not Available		
Wk-4	MON-22	TUE-23	WED-24	THU-25	FRI-26
800-900AM	ARTreach & Meditation 8:30-10:30AM MPR		SAIL 8:50-9:50AM AUD		
900-10AM	SAIL 8:50-9:50AM AUD			Quilting Bee 9-3PM MPR	Fort Bend County
1000-11AM			AMP 10:30-12PM MPR	MS Excel Project Library	Fair Day Closed
1100-12PM		Greater Works Bible Study	Birthday Celebration 10:45-11AM Library		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR	Bridge 1-3PM MPR	Card Players 1-4PM MPR		
2PM-3PM	MPR	MPR Not Available	MPR		
3PM-4PM	Not Available		Not Available		
Wk-5	MON-29	TUE-30	WED-	THU-	FRI-
800-900AM	SAIL 8:50-9:50AM AUD				
900-10AM					
1000-11AM		Pickling Vegetables Library			
1100-12PM		Greater Works Bible Study			
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR	Bridge 1-3PM MPR			
2PM-3PM	MPR	MPR Not Available			
3PM-4PM	Not Available				

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Fort Bend County Parks & Recreations



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## Activity Flyers (See Dates)

**THE PINNACLE SENIOR CENTER  
OF  
FORT BEND COUNTY  
WILL BE CLOSED IN OBERSERVANCE  
OF  
LABOR DAY  
Monday, September 1**



**SEPTEMBER  
TECH  
TUESDAY**

**1<sup>st</sup> TUESDAY OF THE MONTH**

**10am - 11am**

**w/Wylesha**



**Bring in laptop and Ipad**

**along with your Phone**

**September 2, 2025**



# SEPTEMBER 2025

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1	2	3	4	5
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Fort Bend County Parks & Recreations



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## Activity Flyers (See Dates)

\*\*\*New Class Time Starts at 8:50 am\*\*\*



## Stay Active & Independent for Life (SAIL)

a strength, balance, and fitness class for adults

### It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active and prevent falls.

### It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors.

### It's Fun!

You'll meet other seniors and make new friends!

One-hour classes will be held  
2 times each week.

## Pinnacle Senior Center

5525 Hobby Road, Houston, 77053

## Mondays + Wednesdays

8:50 a.m. – 9:50 a.m.

August 04 through October 15

## Join the adventure!

### Houston-Galveston Agency on Aging

will be running the Aging Mastery Program\* soon!

**B**uild your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community. Meet new friends and provide encouragement to one another as you take the Aging Mastery journey together!

### You Will Learn About:

- Navigating Longer Lives
- Exercise and You
- Sleep
- Healthy Eating and Hydration
- Financial Fitness
- Medication Management
- Advance Planning
- Healthy Relationships
- Fall Prevention
- Community Engagement

Aging Mastery Program workshops will be held at: Pinnacle Senior Center  
Multipurpose Room  
5525 Hobby Road  
Houston, Texas 77053

Wednesdays, 10:30 am - 12:00 pm  
Fall 2025 Dates: August 6, 13, 20, 27  
September 10, 17, 24  
October 1, 8, 15



### Limited spots available: Sign up now!

The program will launch on August 6 through October 15

but participants have to be signed up by July 30, 2025

Please RSVP to: Angie

or call for more information (832) 471-2765

Snacks will be served.

AMP leader: Misty Sullivan  
with Houston-Galveston  
Area Agency on Aging  
office.



AgingMastery

www.ncoa.org/AMP

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### Activity Flyers (See Dates)

## Area Agency on Aging

January, 2025

New This  
Month

Every 3<sup>rd</sup> Tuesday 10am  
September 16, 2025

Topic:  
Open  
Enrollment

## Understanding Your Choices

w/Karina Villela

Benefits  
Counselor II

Sign up to receive one-on-one  
Assistance with Medicare  
Sign Up At the Front Desk

© Copyright 2012

## SENIOR'S ART & MEDITATION

Painting, Crafting and  
Meditation!

REGISTER NOW

(832) 471-2760

@ Pinnacle Senior Center

Date: Tuesday September 22<sup>nd</sup> 2025

Time: 8:30 am- 10: 30am



Presented by:



Sponsored by:





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### Activity Flyers (See Dates)

**FREE FLU CLINIC**  
at **Pinnacle**

**Pinnacle Senior Center**  
5525 Hobby Rd.  
Houston, TX 77053

**Friday**  
**September 19, 2025**

**9:30 AM - 12:00 PM**

### Eligibility for COVID-19 Vaccine

- Adults 19 and up: Who do **NOT** have medical insurance/ are uninsured
- Adults 19 and up that are **UNDERinsured** (Coverage does not include vaccines; or Covers only selected vaccines) **Proof -letter from insurance**

\*Please note, Adults are **NOT eligible** to receive Covid vaccine **if they are enrolled in Medicare or Medicaid**, or if they have other health insurance.

**CLÍNICA GRATUITA DE GRIPE**  
en el **Pinnacle**

**Pinnacle Senior Center**  
5525 Hobby Rd.  
Houston, TX 77053

**Viernes**  
**Septiembre 19, 2025**

**9:30 AM a 12:00 PM**

### Elegibilidad para la vacuna COVID-19

- Adultos de 19 años en adelante: que **NO** tienen seguro médico/no están asegurados
- Adultos de 19 años en adelante que estén **infraasegurado** (La cobertura no incluye vacunas; o Cubre solo vacunas seleccionadas) Comprobante: carta del seguro

\*Tenga en cuenta que los adultos **NO** son elegibles para recibir la vacuna Covid si están inscritos en Medicare o Medicaid, o si tienen otro seguro médico.

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1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

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1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
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Activity Flyers (See Dates)

Constable Daryl L. Smith Fort Bend County Pct. 2

If your birthday is in September, please sign up for a special certificate from Constable Daryl L. Smith, Sr.

Certificates will be presented by  
Captain Christopher Garrett  
at the September birthday celebration  
Wednesday, September 24, 2025

Photo: Photo by: Halloween. Written by: Enamored.com (P. 0)

**HAPPY SEPTEMBER BIRTHDAY'S**

**FORT BEND COUNTY FAIR  
HOLIDAY**

**FORT BEND COUNTY OFFICES  
WILL BE CLOSED ON**

**Friday  
September 26, 2025**

Certificates will be presented by  
Captain Christopher Garrett  
at the September birthday celebration  
Wednesday, September 24, 2025



This Article has been made available by Cambridge University Library

## FORT BEND COUNTY FAIR HOLIDAY

**FORT BEND COUNTY OFFICES  
WILL BE CLOSED ON  
Friday**

**September 26, 2025**





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1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

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## Activity Flyers (See Dates)

# FORT BEND COUNTY LIBRARIES

SEPTEMBER 2025

## PINNACLE SENIOR CENTER LIBRARY NEWSLETTER

### Hours & News

### Programs & Events

### HOURS

Mon	9 am - 1 pm
Tue	9 am - 1 pm
Wed	9 am - 1 pm
Thu	9 am - 1 pm
Fri	9 am - 1 pm
Sat	CLOSED
Sun	CLOSED

### THE MIX BOOK CLUB



September 8  
10 am

### LIBRARY CLOSED

September 1 - Labor Day  
September 26 - Fair Day

September 4 (10:00 - 11:00 am)

**Beaded Safety-Pin Flags:** Join us to make your own flag-inspired, beaded safety-pin craft. Design your own flag – classic or creative! All materials are provided, courtesy of the Friends of the Missouri City Branch Library.

September 8 (10:00 - 11:00 am)

**The Mix Book Club: The Care and Feeding of Ravenously Hungry Girls,** by Anissa Gray.

September 11 (10:00 - 11:00 am)

**Book-Page Origami:** Learn how to turn recycled book pages into fun decorations and bookmarks.

September 16 (10:00 - 11:00 am)

**The Art of Herbal Teas:** Discover herbal teas that naturally support your health. They promote better sleep, digestion, and stress management. Sponsored by the Friends of the Missouri City Branch Library.

September 18 (10:00 - 11:00 am)

**Lavender and Calendula Bath Soak:** Learn to make your own soothing bath soak with ingredients anyone can find! Sponsored by the Friends of the Missouri City Branch Library.

September 25 (10:00 - 11:00 am)

**MS Excel Project Tracker:** Learn how to create a project tracker in MS Excel.

September 30 (10:00 - 11:00 am)

**Pickling Vegetables:** Learn to pickle fresh vegetables – quick, easy, and delicious! Sponsored by the Friends of the Missouri City Branch Library.

5525 Hobby Rd  
Houston, TX 77053

281.238.2100

[www.fortbendlibraries.gov](http://www.fortbendlibraries.gov)

# FORT BEND COUNTY PARKS PRESENTS

# MOVIE NIGHT

## Outdoors

## SEPTEMBER 12, 2025

### 7 PM

### KITTY HOLLOW PARK

### 9555 HWY 6 SOUTH MISSOURI CITY, TX 77459

### FOOD TRUCKS, COMPLIMENTARY POPCORN, & FUN

JOIN US AT KITTY HOLLOW PARK & ESCAPE INTO THE MOVIE WORLD! FETCH YOUR FAMILY & FRIENDS. BRING YOUR OWN CHAIR AND/OR BLANKETS, & ENJOY!

PLEASE SCAN QR CODE TO RSVP

FREE ENTRY

## OUTDOOR MOVIE

GRADY PRESTAGE

CLICK THE LINK BELOW:



# SEPTEMBER 2025

MON	TUE	WED	THU	FRI
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Fort Bend County Parks & Recreations







## Pinnacle Senior Center

5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765)

General Business Days & Hours: Monday-Fridays (7:30-4:30 PM)

(Weight Room Hours- (7:30-4:15 PM) & (Aquatics hours (7:30-4:00 PM)

### Activity Flyers (See Dates)

Hop on the bus and leave the driving to us!!

# PVAMU NAA JSC CHAPTER

## State Fair Classic

# CHARTER BUS


HOUSTON, TX TO DALLAS, TX

SEPTEMBER 27, 2025

Pick up #1- 9AM Jones Memorial Methodist Church ; Return at 3:30 AM  
 Pick up #2 - 10:45AM PVAMU NW Campus ; Return at 2:30AM

210-273-0152  
 Ulrica Fontenot

scan me!



Pre-sale tickets - \$70 until August 22, 2025  
 Regular tickets - \$80 until September 13, 2025

\*\*Price is only for the bus ride. Game and fair tickets sold separately\*\*

18 and up unless accompanied by an adult

CASH PRIZE RAFFLE DURING TRIP

<https://jscbusride.eventbrite.com>



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## Monthly Activity Flyers

### Card Players



#### Monday & Wednesday's

You are free to play  
your cards as you wish,  
but not to choose them.

**1 pm – 4 pm**  
**in the**  
**Multi-Purpose Room**



#### PLAY BRIDGE



**FOR**  
**MENTAL & SOCIAL**  
**BENEFITS**

**TUESDAY'S**  
**@ "MPR"**  
**1 p.m.—3 p.m.**

### Wild n Woolly Sewl Sisters



**Every 1<sup>st</sup> & last**  
**Friday**  
**of the month**  
**Noon – 3 pm**



**Meet Every 3<sup>rd</sup> Friday of**  
**the Month**  
**Meetings will be**  
**from**  
**Noon – 3 pm**

## GREATER WORKS BIBLE STUDY & PRAYER MINISTRY

**TUESDAYS FROM 11AM-12PM**

**ALL IS WELCOME TO JOIN!**

**(YOU MUST BE A REGISTERED PATRON AT LEAST 50 YEARS OF AGE)**

### LOCATION:

Fort Bend County Parks & Recreations



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