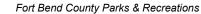
SEPTEMBER 2025						
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#### Pinnacle Senior Center

5525-Suite C, Hobby Road, Houston, Texas 77053. Business Number (832-471-2765) General Business Days & Hours: Monday-Fridays (7:30-4:30 PM) (Weight Room Hours- (7:30-4:15 PM) & (Aquatics\_hours (7:30-4:00 PM)

#### September 2025 Calendar Schedule

Please make sure you sign in at the front desk daily!

Participation in Pinnacle Programs requires a registration form and signed liability waiver.

For updates, ask about our monthly Email-Blast and Remind101 text reminders.

#### Fitness Instructors

<u>Line Dance: Ms. Sheila Brown & Lola Faye Walker</u> <u>Step Training, Strength, Pilates & Yoga: Ms. Shanna Etemadi</u> Zumba Ms. Valerie McHHargh Chair Fitness / Move Fitness / Boot Camp: Coach Dennis "Mac" McCalpin

Step Hannig, Strength, 1	rnates & Toga: Ms. Shanna E	<u>chan Fitness</u>	/Move rithess/boot camp: C	toach Dennis Mac McCarp
(AD)-Auditorium/Exer	cise Gym (YR)-	Yoga Room Located in Aquatic	s Area. (MPR) M	Iulti-Purpose Room
(WK-1) MON-1	TUE-2	WED-3	THU-4	Friday-5
	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	<b>8-845AM</b> -Walk-Video - <mark>CM</mark>	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	<b>8-845AM</b> -Walk-Video - <mark>CM</mark>
E . D . I		<b>8-9AM</b> - Step/Shanna <mark>YR</mark>		
Fort Bend	<b>9-10AM</b> -Strength/Shanna <mark>AD</mark>	Sail Begins Next Week	<b>9-10AM</b> -Strength/Shanna <mark>AD</mark>	<b>9-10AM</b> Fitness/Shanna <mark>AD</mark>
County Labor	<b>10-11AM</b> Zumba/Valerie <mark>AD</mark>	<b>950-1050AM</b> /Faye <mark>AD</mark>	10-1045 Informational w/Coach AD	<b>10-11AM</b> Pilates/Shanna <mark>YR</mark>
•	<b>11-12PM</b> -Chair-Fit/Coach	<b>11-12PM</b> - Move-Fit/Coach <mark>AD</mark>	<b>11-12PM</b> -Chair-Fit/Coach AD	<b>10-11AM</b> Zumba/Valerie <mark>AD</mark>
Day Closed	<b>12-1225</b> Boot-Camp- <mark>AD</mark>	<b>12-1PM</b> -Men-Fit/Coach <mark>AD</mark>	<b>12-1225</b> Boot-Camp <mark>AD</mark>	<b>11-12PM</b> Move-Fit/Coach <mark>AD</mark>
	<b>1245 PM</b> Yoga/Shanna <mark>AD</mark>	<b>1-2PM</b> -Step/Shanna <mark>AD</mark>	<b>1245 PM</b> Yoga/Shanna <mark>AD</mark>	<b>12-1PM</b> Men-Fit/Coach AD
(Wk-2) MON-8	TUE-9	WED-10	THU-11	FRI-12
<b>8-845AM</b> -Walk-Video- <mark>CM</mark>	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	<b>8-845AM</b> -Walk-Video - <mark>CM</mark>	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	<b>8-845AM</b> -Walk-Video - <mark>CM</mark>
<b>8-9AM</b> - Step/w Shanna <mark>YR</mark>		<b>8-9AM</b> - Step/Shanna <mark>YR</mark>	_	
<mark>850-950AM</mark> -SAIL <mark>AD</mark>	<b>9-10AM</b> -Strength/Shanna <mark>AD</mark>	<mark>850-950AM</mark> -SAIL <mark>AD</mark>	<b>9-10AM</b> -Strength/Shanna <mark>AD</mark>	<b>9-10AM</b> Fitness/Shanna <mark>AD</mark>
<b>50-1050AM</b> -Line-Dance/Sheila <mark>AD</mark>	<b>10-11AM</b> Zumba/Valerie <mark>AD</mark>	<b>950-1050AM</b> /Faye <mark>AD</mark>		<b>10-11AM</b> Pilates/Shanna <mark>YR</mark>
<b>11-12PM</b> - Move-Fit/Coach AD	<b>11-12PM</b> -Chair-Fit/Coach	<b>11-12PM</b> - Move-Fit/Coach AD	<b>11-12PM</b> -Chair-Fit/Coach AD	<b>10-11AM</b> Zumba/Valerie <mark>AD</mark>
<b>12-1PM</b> -Men-Fit/Coach AD	<b>12-1225</b> Boot-Camp- <mark>AD</mark>	<b>12-1PM</b> -Men-Fit/Coach AD	<b>12-1225</b> Boot-Camp AD	<b>11-12PM</b> Move-Fit/Coach AL
1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna <mark>AD</mark>	<b>1-2PM</b> -Step/Shanna <mark>AD</mark>	<b>1245 PM</b> Yoga/Shanna <mark>AD</mark>	<b>12-1PM</b> Men-Fit/Coach AD
<b>3-4PM</b> -Line-Dance/Sheila <mark>AD</mark>				
(WK-3) MON-15	TUE-16	WED-17	THU-18	FRI-19
8-845AM -Walk-Video-CM	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	8-845AM -Walk-Video -CM	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>	<b>8-845AM</b> -Walk-Video - <mark>CM</mark>
8-9AM- Step/w Shanna YR		8-9AM- Step/Shanna YR		
<b>850-950AM</b> -SAIL AD	9-10AM-Strength/Shanna AD	<b>850-950AM</b> -SAIL AD	9-10AM-Strength/Shanna AD	<b>9-10AM</b> Fitness/Shanna <mark>AD</mark> <b>10-11AM</b> Pilates/Shanna <mark>YR</mark>
<b>D50-1050AM</b> -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD	10-1045 Informational w/Coach AD	-
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	10-11AM Zumba/Valerie AD
12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp- AD	12-1PM -Men-Fit/Coach AD	12-1225 Boot-Camp AD	11-12PM Move-Fit/Coach AD
1-2PM -Step/Shanna AD	<b>1245 PM</b> Yoga/Shanna <mark>AD</mark>	<b>1-2PM</b> -Step/Shanna <mark>AD</mark>	<b>1245 PM</b> Yoga/Shanna <mark>AD</mark>	<b>12-1PM</b> Men-Fit/Coach AD
3-4PM -Line-Dance/Sheila AD	THE 22	WED 24	THE OF	EDI 26
(Wk-4) MON-22 <b>8-845AM</b> -Walk-Video- <mark>CM</mark>	TUE-23 8-845AM -Walk-Video - <mark>SE</mark>	WED-24 8-845AM -Walk-Video - <mark>CM</mark>	THU-25 8-845AM -Walk-Video - <mark>SE</mark>	FRI-26
8-9AM- Step/w Shanna YR	8-843AIVI -VVUIK-VIUEU -SE	8-9AM- Step/Shanna YR	8-843AIVI -VVUIK-VIUEU -SE	
<b>850-950AM</b> -SAIL AD	9-10AM-Strength/Shanna AD	<b>850-950AM</b> -SAIL AD	<b>9-10AM</b> -Strength/Shanna AD	Fort Bend
<b>D50-1050AM</b> -Line-Dance/Sheila AD	10-11AM Zumba/Valerie AD	950-1050AM /Faye AD	3 10/11/1 Strengthy Shahina his	
11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach	11-12PM- Move-Fit/Coach AD	11-12PM-Chair-Fit/Coach AD	County Fair
12-1PM - Men-Fit/Coach AD	<b>12-1225</b> Boot-Camp-AD	12-1PM -Men-Fit/Coach AD	<b>12-1225</b> Boot-Camp AD	•
<b>1-2PM</b> -Step/Shanna <mark>AD</mark>	1245 PM Yoga/Shanna <mark>AD</mark>	1-2PM -Step/Shanna AD	1245 PM Yoga/Shanna <mark>AD</mark>	Day Closed
<b>3-4PM</b> -Line-Dance/Sheila <mark>AD</mark>			5.	
(Wk-5) MON-29	TUE-30			
<b>8-845AM</b> -Walk-Video- <mark>CM</mark>	<b>8-845AM</b> -Walk-Video - <mark>SE</mark>			
<b>8-9AM</b> - Step/w Shanna <mark>YR</mark>				
<b>850-950AM</b> -SAIL <mark>AD</mark>	<b>9-10AM</b> -Strength/Shanna AD			
<b>P50-1050AM</b> -Line-Dance/Sheila <mark>AD</mark>	<b>10-11AM</b> Zumba/Valerie <mark>AD</mark>			
	11-12PM-Chair-Fit/Coach			
<b>11-12PM</b> - Move-Fit/Coach <mark> AD</mark>				
11-12PM- Move-Fit/Coach AD  12-1PM -Men-Fit/Coach AD	<b>12-1225</b> Boot-Camp- <mark>AD</mark>			
	<b>12-1225</b> Boot-Camp- <mark>AD</mark> <b>1245 PM</b> Yoga/Shanna <mark>AD</mark>			

SEPTEMBER 2025						
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## THE PINNACLE SENIOR CENTER PARKS & RECREATION







5525-C Hobby Road • Houston, Texas 77053 Mon-Fri: 7:30am - 4:30pm • 832-471-2765

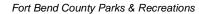
#### Aquatics Calendar Schedule

Aquatics Hours Mon-Fri 7:30-4:00 PM

			1		urs Mon-Fri 7:30-4		
Time	Monday	Tuesday	Wednesday	/	Thursday	Friday	
	"Aquatic" activities you		PORTANT	1.37	IMPORTANT	Swim lessons taught by	
must register si	ign a waiver of liability		fore entering the poo		No Free-Swimming	Mr. Booker & Tyler	
You must also	o attend/view a pool		ate swimwear/water		during Lap Swimming	~•	
orientation video	on safety and guidelines	NO bandages o	or open sores/wound	S	Period		
		NO LIFEGUARD ON	DUTY! SWIM AT YOUR	OWN RISK	<u>!!!</u>		
Wk-1	MON-1	TUE-2	WED-3		THU-4	FRI-5	
730-900 AM			LAP SWIM (MUST A	TTEND I	AP SWIM ORIENTATIO	N)	
900-1100 AM	HAPPY	Swim Less	sons w/ Mr. Booker (in Free Swim	designated	l area)	Free Swim	
1100-1200 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Video	
1200-200 PM	LABOR DAY		Free Swim			F C . 0	
200-300 PM		Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler (	Aqua Aerobics w/Tyler	Free Swim &	
300-400 PM	-	Free Swim	Swim Lessons w/ (ADVANCED)3-3		Free Swim	Swim Lessons w/ Tyler (INTERMEDIATE)	
Wk-2	MON-8	TUE-9	WED-10	_	THU-11	FRI-12	
730-900 AM			UST ATTEND LAP		ORIENTATION)		
900-1100 AM		Swim Lessons w/ Mr. Bo Free	oker (in designated : Swim	area)		Free Swim	
1100-1200 PM	Aqua Zumba w/Video	Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler Tyler	Aqua Aerobics w/Tyler	Aqua Zumba w/Sandi	
1200-200 PM	Free Swim &		Free Swim			Free Swim &	
200-300 PM	Swim Lessons w/	Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler (	Aqua Aerobics w/Tyler	Swim Lessons w/ Tyler	
300-400 PM	Tyler (BEGINNER) 2pm-3pm	Free Swim	Swim Lessons w/ (ADVANCED)3-		Free Swim	(INTERMEDIATE) 2pm-3pm	
Wk-3	MON-15	TUE-16	WED-17		THU-18	FRI-19	
730-900 AM		LAP SWIM (M	UST ATTEND LAP	SWIM (	ORIENTATION)		
900-1100 AM	Swim Lessons w/ Mr. Booker (in designated area) Free Swim					Free Swim	
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler		•	Aqua Zumba w/Sandi		
1200-200 PM	Free Swim &		Free Swim				
200-300 PM	Swim Lessons w/ Tyler	Aqua Aerobics w/Tyler	Aqua Aerobi w/Tyler		Aqua Aerobics w/Video	Free Swim	
300-400 PM	(BEGINNER) 2pm-3pm	Free Swim	Swim Lessons w/ (ADVANCED)3		Free Swim	(No Swim Lessons)	
Wk-4	MON-22	TUE-23	345pm WED-24		THU-25	FRI-26	
730-900 AM		P SWIM (MUST ATTENI		NTATIO		FKI-20	
900-1100 AM	22.22	Swim Lessons w/ Mr. Bo					
1100-1200 PM	Aqua Zumba w/Sandi	Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler Tyler	Aqua Aerobics w/Tyler	FORT BEND	
1200-200 PM	Free Swim &	1	Free Swim	v - ·	<u>*</u>	<b>COUNTY FAI</b>	
200-300 PM	Swim Lessons w/	Aqua Aerobics w/Tyler	Aqua Aerobics w/	Tyler	Aqua Aerobics w/Tyler	DAY	
300-400 PM	Tyler (BEGINNER)	Free Swim	Swim Lessons w/	Tyler Tyler	Free Swim	DAI	
	2pm-3pm		(ADVANCED)3-3	345pm	Tree Swiiii		
Wk-5		MON-29			TUE-30		
730-900 AM			UST ATTEND LAP				
900-1100 AM		Swim Lesso	ons w/ Mr. Booker Free Swim	(in desig	gnated area)		
1100-1200 PM	Aqua Zumba w/Sandi Aqua Aerobics w				v/Tyler		
1200-200 PM				Free Swim	<u> </u>		
200-300 PM	Swi	m Lessons w/ Tyler			Aqua Aerobics v		
300-400 PM	-	(BEGINNER) 2pm-3pm			Free Swim		
						11 / 17 /	
Volunteer	Swim Instructor	Agua Zum	ba Instructor		Aqua <u>Fitness Coor</u>	dinator and Instructor	

#### SEPTEMBER 2025

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#### Pinnacle Senior Center

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#### September 2025 Activity Calendar

Please make sure you sign in at the front desk daily!

To Participate in The Pinnacle Programs & Activities everyone must complete a Registration Form and Sign a Release of Liability Waiver.

For, Communication Updates please ask about the monthly (Email-Blast and Remind101) Text Messaging Reminder Registry

	(AUD)-Auditor	ium <mark>(YR)-</mark> Yoga Room Locate	ed in Aquatics Center (MF	R) Multi-Purnose Room	
Wk-1	MON-1	TUE-2	WED-3	THU-4	Esidon f
WK-1 800-900AM	MON-1	TUE-Z	WED-3	1HU-4	Friday-5
	1.15.			O THE SERVICE OF STREET	
900-10AM	Labor Day			Quilting Bee 9-3PM MPR  Beaded Safety-Pin Flags	
1000-11AM	Closed	Techi Tuesday MPR		Library	
1100-12PM		Greater Works Bible Study			
12PM-1PM					WWSS <mark>12-3PM <b>MPF</b></mark>
1PM-2PM		Bridge 1-3PM MPR MPR Not Available			MPR Not Available
2PM-3PM		MPR NOT AVAILABLE			NOT Available
Wk-2	MON-8	TUE-9	WED-10	THU-11	FRI-12
800-900AM	SAIL <mark>8:50-9:50AM <b>AUD</b></mark>		SAIL <mark>8:50-9:50AM <b>AUD</b></mark>		
900-10AM				Quilting Bee 9-3PM MPR	
1000-11AM	The Mix Book Club - <mark>Library</mark>		AMP 10:30-12PM MPR	Book-Page Origami - <mark>Library</mark>	
1100-12PM		Greater Works Bible Study	MPR Not Available		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR		Card Players <mark>1-4PM <b>MPR</b></mark>		
2PM-3PM	MPR	Bridge <mark>1-3PM <b>MPR</b></mark>	MPR		
3PM-4PM	Not Available	MPR Not Available	Not Available		
Wk-3	MON-15	TUE-16	WED-17	THU-18	FRI-19
800-900AM	SAIL 8:50-9:50AM <b>AUD</b>		SAIL 8:50-9:50AM <b>AUD</b>		
900-10AM		Herbal Teas <mark>10-11AM - <b>Library</b></mark>		Quilting Bee 9-3PM MPR	Pinnacle Flu Event <mark>9:3</mark> 12PM <b>MPR</b>
1000-11AM		Medicare w/Karina MPR	AMP <mark>10:30-12PM <b>MPR</b></mark>	Lavendar & Calendula Bath Soak - <mark>Library</mark>	MPR Not Available
1100-12PM		Greater Works Bible Study	MPR Not Available		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR	Bridge <mark>1-3PM <b>MPR</b></mark>	Card Players 1-4PM MPR		
2PM-3PM	MPR	MPR Not Available	MPR		
3PM-4PM	Not Available		Not Available		
Wk-4	MON-22	TUE-23	WED-24	THU-25	FRI-26
800-900AM	ARTreach & Meditation 8:30-10:30AM MPR		SAIL 8:50-9:50AM <b>AUD</b>		
900-10AM	SAIL 8:50-9:50AM AUD			Quilting Bee 9-3PM MPR	Fort Bend County
1000-11AM			AMP <mark>10:30-12PM <b>MPR</b></mark>	MS Excel Project Library	Fair Day Closed
1100-12PM		Greater Works Bible Study	Birthday Celebration 10:45- 11AM Library		
12PM-1PM					
1PM-2PM	Card Players 1-4PM MPR	Bridge 1-3PM MPR	Card Players 1-4PM MPR		
2PM-3PM	MPR	MPR Not Available	MPR		
3PM-4PM	Not Available		Not Available		
Wk-5	MON-29	TUE-30	WED-	THU-	FRI-
800-900AM	SAIL <mark>8:50-9:50AM <b>AUD</b></mark>				
900-10AM					
1000-11AM		Pickling Vegetables <mark>Library</mark>			
1100-12PM		Greater Works Bible Study			
12PM-1PM					
1PM-2PM	Card Players <mark>1-4PM <b>MPR</b></mark>	Bridge <mark>1-3PM <b>MPR</b></mark>			
2PM-3PM	MPR	MPR Not Available			

SEPTEMBER 2025						
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## **Activity Flyers (See Dates)**

THE PINNACLE SENIOR CENTER

OF

FORT BEND COUNTY

WILL BE CLOSED IN OBERSERVANCE

OF

# LABOR DAY

Monday, September 1





1st TUESDAY OF THE MONTH 10am – 11am w/Wylesha



Bring in laptop and Ipad along with your Phone September 2, 2025

SEPTEMBER 2025							
MON	TUE	WED	THU	FRI			
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#### **Activity Flyers (See Dates)**



#### It Works!

You'll be stronger, have better balance, feel better and this will help you stay independent, active and prevent falls.

#### It's Safe!

The instructors are experienced and skilled, and exercises have been tested with seniors.

#### It's Fun!

You'll meet other seniors and make new friends!

One-hour classes will be held 2 times each week.

### Pinnacle Senior Center

5525 Hobby Road, Houston, 77053

Mondays + Wednesdays 8:50 a.m. – 9:50 a.m.

August 04 through October 15

# Join the adventure!

# Houston-Galveston Agency on Aging

will be running the Aging Mastery Program® soon!

uild your own personal playbook for aging well. This fun, innovative program empowers you to take key steps to improve your well-being, add stability to your life, and strengthen ties to your community. Meet new friends and provide emocuragement to one another as you take the Aging Mastery journey together!

#### You Will Learn About:

- Navigating Longer Live
- District Control
- The second second
- Hotelly Edward Lines
- · Transis Limites
- · Materian Management
- Advance Planning
- Houthy Debassooning
- Falls Description
- Dommunity Engagemen

Aging Mastery Program workshops will be hold at: Pinnacia Senior Center Multipurpose Room 5525 Hobby Road Houston, Texas 77053

Wednesdays, 10:30 sm -12:00 pm Fall 2025 Dates: August 6, 13, 20, 27 September 10, 17, 24 October 1, 8, 15



## Limited spots available: Sign up now!

The program will launch on August 6 through October 15

but perticipants have to be signed up by July 30, 2025

Please RSVP to: Angle

by or call for more information (832) 471-2765

Snacks will be served.

AMP leader: Misty Sullivan with Houston-Galveston Area Agency on Aging office.



www.ncoa.org/AMP

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SEPTEMBER 2025						
MON	TUE	WED	THU	FRI		
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#### Pinnacle Senior Center

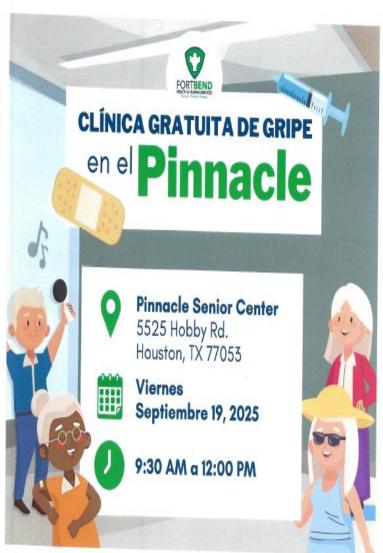
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#### **Activity Flyers (See Dates)**



# Eligibility for COVID-19 Vaccine

- Adults 19 and up: Who do NOT have medical insurance/ are uninsured
- Adults 19 and up that are UNDERinsured (Coverage does not include vaccines; or Covers only selected vaccines) Proof –letter from insurance
- \*Please note, Adults are NOT eligible to receive Covid vaccine if they are enrolled in Medicare or Medicaid, or if they have other health insurance.



# Elegibilidad para la vacuna COVID-19

- Adultos de 19 años en adelante: que NO tienen seguro médico/no están asegurados
- Adultos de 19 años en adelante que estén infraasegurado (La cobertura no incluye vacunas; o Cubre solo vacunas seleccionadas) Comprobante: carta del seguro
- \*Tenga en cuenta que los adultos NO son elegibles para recibir la vacuna Covid si están inscritos en Medicare o Medicaid, o si tienen otro seguro médico.

SEPTEMBER 2025						
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#### **Activity Flyers (See Dates)**

# Constable Daryl L. Smith Fort Bend County Pct. 2



If your birthday is in September, please sign up for a special certificate from Constable Daryl L. Smith, Sr.

Certificates will be presented by Captain Christopher Garrett at the September birthday celebration Wednesday, September 24, 2025



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HAPPY SEPTEMBER BIRTHDAY'S

# FORT BEND COUNTY FAIR HOLIDAY

FORT BEND COUNTY OFFICES
WILL BE CLOSED ON
Friday
September 26, 2025













#### Pinnacle Senior Center

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#### **Activity Flyers (See Dates)**



#### HOURS

Mon 9 am - 1 pm
Tue 9 am - 1 pm
Wed 9 am - 1 pm
Thu 9 am - 1 pm
Fri 9 am - 1 pm
Sat CLOSED
Sun CLOSED

# THE MIX



September 8 10 am

#### LIBRARY CLOSED

September 1 - Labor Day September 26 - Fair Day

#### September 4 (10:00 - 11:00 am)

Beaded Safety-Pin Flags: Join us to make your own flag-inspired, beaded safety-pin craft. Design your own flag — classic or creative! All materials are provided, courtesy of the Friends of the Missouri City Branch Library.

September 8 (10:00 - 11:00 am) The Mix Book Club: The Care and Feeding of Ravenously Hungry Girls, by Anissa Gray.

September 11 (10:00 - 11:00 am) Book-Page Origami: Learn how to turn recycled book pages into fun decorations and bookmarks.

September 16 (10:00 - 11:00 am)
The Art of Herbal Teas: Discover herbal teas that
naturally support your health. They promote better
sleep, digestion, and stress management. Sponsored
by the Friends of the Missouri City Branch Library.

September 18 (10:00 - 11:00 am)

Lavender and Calendula Bath Soak: Learn to make your own soothing bath soak with ingredients enyone can find! Sponsored by the Friends of the Missouri City Branch Library.

September 25 (10:00 - 11:00 am) MS Excel Project Tracker: Learn how to create a project tracker in MS Excel.

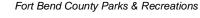
September 30 (10:00 - 11:00 am)
Pickling Vegetables: Learn to pickle fresh vegetables
- quick, easy, and delicious! Sponsored by the Friends
of the Missouri City Branch Library.

5525 Hobby Rd Houston, TX 77053

281.238.2100 www.fortbendlibraries.gov



SEPTEMBER 2025						
MON	TUE	WED	THU	FRI		
1	2	3	4	5		
0	0	10	11	12		





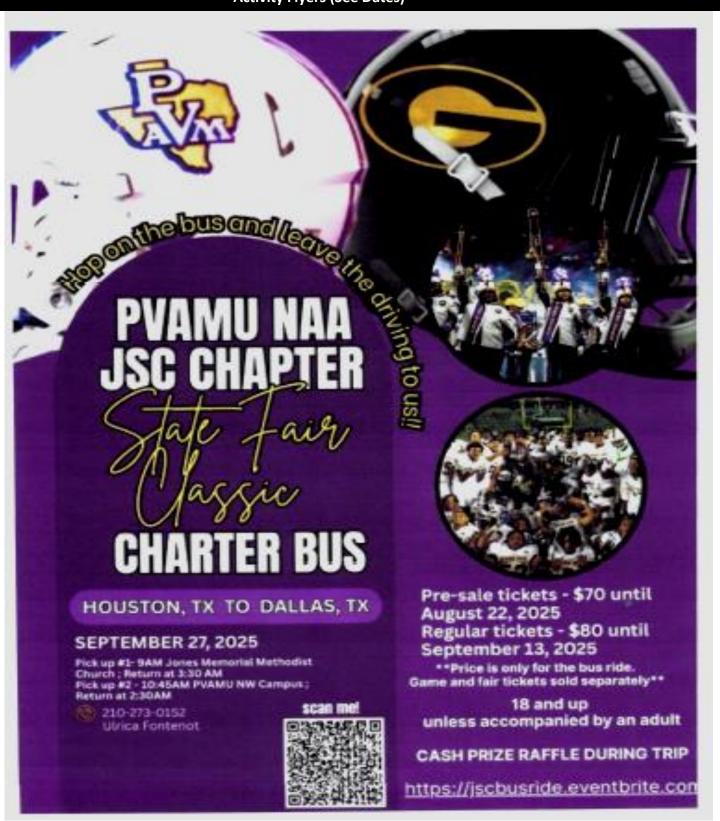




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#### **Activity Flyers (See Dates)**











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#### **Monthly Activity Flyers**

#### **Card Players**



#### Monday & Wednesday's

You are free to play your cards as you wish, but not to choose them.

1 pm – 4 pm in the Multi-Purpose Room



TUESDAY'S
@ "MPR"
1 p.m.—3 p.m.

#### Wild n Wooly Sewl Sisters



Every 1<sup>st</sup> & last Friday of the month Noon – 3 pm



Meet Every 3<sup>rd</sup> Friday of the Month Meetings will be from Noon – 3 pm

GREATER WORKS BIBLE STUDY & PRAYER MINISTRY
TUESDAYS FROM 11AM-12PM
ALL IS WELCOME TO JOIN!
(YOU MUST BE A REGISTERED PATRON AT LEAST 50 YEARS OF AGE)

LOCATION:

Fort Bend County Parks & Recreations





Pinnacle Senior Center

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